

# Paper Summary Sheet

<b>Presented to:</b>	Governing Body - Public
<b>Date of Meeting:</b>	25 September 2018
<b>For:</b>	Discussion

<b>Agenda Reference:</b>	GOV/18/09/13
<b>Title:</b>	Personal Health Budgets and Integrated Personal Budgets
<b>Executive summary:</b>	
<p>Adults eligible for NHS Continuing Healthcare and children in receipt of continuing care have had a right to have a personal health budget since October 2014. Since April 2016, there has been an expectation that personal health budgets will become available for more groups of people, including people with a learning disability and/or autism.</p> <p>The 2016-17 NHS Mandate and 2016-17 to 2020-21 Planning Guidance commits CCGs to increase the number of personal health budgets it currently offers to patients to 50,000 -100,000 personal health budgets by 2020/21. This equates to approximately 400 PHBs in Wiltshire.</p> <p>The attached document provides an update on progress during 17/18 in Wiltshire and the CCG plans for expanding the offer of Personal Health Budgets in 18/19. The CCG has also signalled the intention, through the Health and Wellbeing Board, to explore opportunities for integrated personal budgets with Wiltshire Council.</p>	
<b>Recommendations:</b>	The Governing Body is asked to note the progress made during 2017/18 and the commitment to expand the offer of the number of Personal Health Budgets currently offered in Wiltshire.
<b>Previously considered by:</b>	Governing Body - April 2016
<b>Author(s):</b>	Shelley Watson – Senior Commissioning manager
<b>Sponsoring Director / Clinical Lead/ Lay Member:</b>	Ted Wilson – Community and Joint Commissioning Director and Group Director – N & E Wiltshire Group

<b>Risk and Assurance:</b>	<p>There is a potential for significant financial and resource implications. Most community health contracts in Wiltshire are currently commissioned on a block contract, and therefore individual funding cannot be released from these contracts to finance PHBs.</p> <p>In order to mitigate this risk, work is underway to quantify the resource required.</p>
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<b>Financial / Resource Implications:</b>	There is a potential for significant cost pressures if personal budgets are adopted in significant numbers...
<b>Legal, Policy and Regulatory Requirements:</b>	2016-17 NHS Mandate and 2016-17 to 2020-21 Planning Guidance
<b>Communications and Engagement:</b>	Further updates will be shared at Governing Body as progress is made
<b>Equality &amp; Diversity Assessment:</b>	<input type="checkbox"/> N/A

## Progress Report for Personal Health Budgets and Integrated Personal Budgets

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Author: Shelley Watson  
Date: 7 September 2018

### Background

A Personal Health Budget (PHB) is an amount of money to support the identified healthcare and wellbeing needs of an individual. This is planned and agreed between the individual, or their representative, and the local CCG. It provides more choice and control over the money spent on meeting their health and wellbeing needs. An Integrated Personal Budget is a joint budget from both local authority and NHS who work together to achieve a joined up care and support package.

The overarching strategy to support the CCGs to implement PHBs is the nationally led Integrated Personal Commissioning (IPC) programme. Its aim is to support healthcare empowerment and the better integration of services across health, social care and the voluntary and community sector. The programme aims to ensure that services are tailored to people's individual needs, building on learning from personal budgets in social care and progress with personal health budgets.

### National Context

Adults eligible for NHS Continuing Healthcare and children in receipt of continuing care have had a right to have a personal health budget since October 2014. Since April 2016, there has been an expectation that personal health budgets will become available for more groups of people, including people with a learning disability and/or autism.

The 2016-17 NHS Mandate and 2016-17 to 2020-21 Planning Guidance commits CCGs to increase the number of personal health budgets it currently offers to patients to 50,000 -100,000 personal health budgets by 2020/21. This equates to approximately 400 PHBs in Wiltshire.

NHS England and the Department of Health and Social Care are also currently running a public consultation on extending the legal rights to have a personal health budget or integrated personal budget to include:-

- People with on-going social care needs, which also make regular and on-going use of relevant NHS services.
- People eligible for Section 117 aftercare services, and people of all ages with on-going mental health needs who make regular and on-going use of community based NHS mental health services.
- People leaving the Armed Forces, who are eligible for on-going NHS services.
- People with a learning disability, autism or both, who are eligible for on-going NHS care.
- People who access wheelchair services whose posture and mobility needs impact their wider health and social care needs.

## **Progress during 2017 in Wiltshire**

The CCG developed a Local Offer which was published on our internet site. We agreed to extend PHBs to more individuals with longer term care needs. This was implemented and included patients requiring respite care, neurological conditions and patients with serious underlying mental illnesses who have been discharged from long-stay hospitals.

During 2017 a steering group was established representing all directorates and led by Ted Wilson. This group supported the CCG to meet the targets set out in the NHS Mandate and to identify other patient cohorts that could benefit from a PHB. To support our ambition to expand the offer of PHBs, we have also participated in a number of IPC South West conferences during the year gathering information, guidance and learning from other CCGs.

CCGs were also asked last year to provide trajectories for meeting their local targets within their Operational Plans. Achievement against these targets was published within the CCG Improvement and Assessment Framework. For Wiltshire CCG this equated to a total of 76 PHBs in 2017/18 followed by a total of 196 for 2018/19.

Currently there are 1271 PHBs in place, the larger proportion of which are the result of respite care plans for unpaid carers. This programme is jointly funded from an existing contract with Wiltshire Council and WCCG, and the trajectories set by the CCG have been met. The Operational Plans have been refreshed for 18/19 and the CCG has increased its trajectory to 50 PHBs per month which is an increase on the target initially set in 17/18.

The other current PHBs in place consist of Adult CHC, where patients with multiple comorbidities are supported, and direct social care payments with significant health element as part of the agreed care plans such as LD patients, Children's CHC PHBs, and prescription breaks administered by Carers Support Wiltshire.

During 2017 the CCG has also worked with its community provider Wiltshire Health and Care and in April 2018 has also commenced the offering of personal health budgets to patients who were eligible for the Wiltshire Community wheelchair voucher scheme.

## **Next steps**

During 2018 the CCG will explore the opportunities for expanding its offer of PHBs for wheelchair users to more complex patients. During 18/19 we are developing networks and work collaboratively with the Local Authority and Wiltshire Health and Care to improve pathways for people who have disabilities and social care needs and where possible identifying opportunities for joint budgets.

We are also working with our community health providers to identify areas where other patients could benefit from more personalisation of care including mental health patients and people with other long term conditions.